

401(k) contribution limits



	Pretax and Roth employee contributions	Employee and employer contributions	Catch-up contributions (in addition to the employee and employer limit)
401(k) contribution limit for 2023	\$22,500	\$66,000	\$7,500
401(k) contribution limit for 2024	\$23,000	\$69,000	\$7,500
401(k) contribution limit for 2025	\$23,500	\$70,000	\$7,500 (50-59 or 64+), \$11,250 (60-63)